

KELESI – STAVROPOULOU MARTHA



Faculty Members

Professor - President of the Department

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Courses

- [NOΣ0301 - Fundamentals of Nursing II](#)
- [NOΣ0201 - Fundamentals of Nursing I](#)
- [NOΣ0607.3 - Health Economics](#)
- [NOΣ0101 - Introduction To Nursing Science – Nursing Theories](#)
- [NOΣ0704 - Writing an Academic Paper](#)

Name: KELESI-STAVROPOULOU MARTHA

Current Position: Professor

Scientific Domain: Basic Nursing Care- Management of Health Issues at Primary Level

Code APELLA: 9463

Sector: A' Basic Nursing

Administrative positions: Vice President of the Department of Nursing at the University of West Attica.

Vice Head of Sector A of "Basic Nursing", Department of Nursing, University of West Attica

DIRECTOR OF THE POSTGRADUATE PROGRAM of the Department of Nursing entitled “Treatment and Care of Wounds and Ulcers”.

Vice Head of the Research Laboratory ICU Follow up – Care Lab Department of Nursing, University of West Attica

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Web of Science: Web of Science Researcher ID: AAA-4432-2021 <https://publons.com/researcher/4148095/martha-kelesi/>

Scopus Author ID: <http://www.scopus.com/authid/detail.url?authorId=54884095200>

SciProfiles: <https://sciprofiles.com/profile/1090701>

Education: Bachelor of Science, Nursing, National and Kapodistrian University of Athens (1990), Master of Science (1997), Public Health, National and Kapodistrian University of Athens, Phd Diploma (2004), National and Kapodistrian University of Athens.

Research interests: Primary Health Care, Basic Nursing Care, Evidence-Based Practice, Nursing Administration, Health Economics.

Academic appointments: From the student year 1984-85 to 1994-95 as part-time staff in the subject “Nursing”. From 18/11 / 94- 12/07/2005 Permanent staff as Lecturer at the TEI of Athens. From 13/07/2005 Permanent at the TEI of Athens as an Assistant Professor and in the subject “Nursing”. From 12/10/2012, Permanent at the TEI of Athens, Department of Nursing, as an Associate Professor and in the subject “Nursing”. From 29/10/2018 in a regular faculty position at the University of West Attica, Department of Nursing, as a Professor and in the subject “Basic Nursing-Management of Health Issues at Primary Level”.

Professional experience: “Evangelismos” Hospital from December 1981 to June 1983, then in the private sector in positions of head of departments until the end of 1985. At the TEI of Athens from 1984-85 as part-time staff until 1994-95 and then as an Assistant Professor, Associate Professor (2012) and from 2018 until today Professor at the Department of Nursing of the University of West Attica.

Courses Taught

Undergraduate Courses: Introduction to Nursing Science-Nursing Theories, Basic Nursing I, Basic Nursing II, Writing an Academic Paper, Health Economics.

Postgraduate Courses: Methodology Research, Nursing Administration, Nursing Theories, Evidence-Based Practice and Clinical Research, Infections, Occupational Health Nursing, Writing an Academic Paper, Public and Community Health Principles.

Recent publications

1. Papageorgiou, D., Triantafyllou, C., Stavropoulou, A., **Kelesi, M.**, Kaba, E., Evgenikos, K., Liveri, A., & Stroumpouki, T. (2024). The evaluation of the quality of life in survivors of critical illness after discharge from Intensive Care Unit (ICU): A prospective cohort study. *Health & Research Journal*, 10(3), 172–183. <https://doi.org/10.12681/healthresj.34927>
2. Tsapnidou, E.; **Kelesi, M.**; Rovithis, M.; Katharakis, G.; Gerogianni, G.; Dafogianni, C.; Toylia, G.; Fasoi, G.; Stavropoulou, A. Transformational Leadership—Quality Achievements and Benefits for the Healthcare Organizations: A Scoping Review. *Hospitals* 2024, 1, 87–103. <https://doi.org/10.3390/hospitals1010008>

3. Areti Stavropoulou , Margarita Daniil , Georgia Gerogianni , Georgios Vasilopoulos , Georgia Fasoi , Dimitrios Papageorgiou , Chrysoula Dafogianni , **Martha Kelesi** (2024). Nurses' Views on Caring for Lonely Patients During the Pandemic: A Qualitative Study. *Cureus* 16(4): e57639. DOI 10.7759/cureus.57639
4. Tsampoula I, **Kelesi M**, Papathanasiou IV, Thanasa G, Goula A, Papageorgiou D, Kaba E. **Introduction of Alternative Proteins for Health Professionals' Diet: The Transtheoretical Model and Motivational Interviewing of Nutritional Interventions** *Int J Environ Res Public Health*. **2023** Feb 10;20(4):3097
5. Despoina Pappa, Ioannis Koutelekos, Eleni Evangelou, Evangelos Dousis, Polyxeni Mangoulia , Georgia Gerogianni , Afroditi Zartaloudi , GeorgiaTouliia, **Martha Kelesi** , Nikoletta Margari, Eftychia Ferentinou , Areti Stavropoulou and Chrysoula Dafogianni (2023) .Investigation of Nurses' Wellbeing towards Errors in Clinical Practice—The Role of Resilience. *Medicina* 2023, 59, 1850. <https://doi.org/10.3390/medicina59101850>
6. Evangelia Sigala , **Martha Kelesi**, Dimitrios Terentes-Printzios ,Georgios Vasilopoulos,Theodoros Kapadohos,Dimitrios Papageorgiou,Alexia Tzatzou ,Charalambos Vlachopoulos andAreti Stavropoulou (2023). Surgical Aortic Valve Replacement in Patients Aged 50 to 70 Years: Mechanical or Bioprosthetic Valve? A Systematic Review. *Healthcare* 2023, 11(12), 1771; <https://doi.org/10.3390/healthcare11121771>
7. D. Koutsavli , A. Kalogianni , E-B. Souvatzi , E. Misouridou , G. Toulia , D. Papageorgiou , F. Timmins , **M. Kelesi -Stavropoulou**, T. Kapadochos , C. Charitos , A. Stavropoulou , E. Kaba , N. Pavlatou , N. Margari , S. Parissopoulos. The lived experience of patients with left ventricular assist devices: a systematic review of qualitative studies. Supplement [Οκτώβριο 2023] *European Heart Journal - impact factor 35*
8. Goula, A.; Chatzis, A.; Stamouli, M.-A.; **Kelesi, M.**; Kaba, E.; Brilakis, E. Assessment of Health Professionals' Attitudes on Radiation Protection Measures. *Int. J. Environ. Res. Public Health* 2021, 18, 13380. <https://doi.org/10.3390/ijerph182413380>
9. Kaba, E., Stavropoulou, A., **Kelesi, M.**, Triantafyllou, A., Goula, A., & Fasoi, G. (2021). Ten Key Steps to Writing a Protocol for a Qualitative Research Study: A Guide for Nurses and Health Professionals. *Global Journal of Health Science*, 13, 58.
10. Dimitrios E. Papageorgiou, Evridiki Kaba, **Martha Kelesi**, Areti Stavropoulou, Penelope E. Tziliiali, Niki Pavlatou, Georgia Fasoi. Assessing Patients' Needs in Greek Intensive Care Units. Validation of a Respiratory Patient Satisfaction Scale. *Journal of Education and Practice*, Vol 12, No 17 (2021)
11. Evridiki, Kaba, Stavropoulou Areti, **Kelesi Martha**, Toylia Georgia and Fasoi-Barka Georgia. "Critiquing a Grounded Theory Research Paper: An Educational Guide for Nurses." *Global Journal of Health Science* 13 (2021): 92.
12. Stavropoulou A, Vlamakis D, Kaba E, Kalemikerakis I, Polikandrioti M, Fasoi G, Vasilopoulos G, **Kelesi M**. "Living with a Stoma": Exploring the Lived Experience of Patients with Permanent Colostomy. *Int J Environ Res Public Health*. 2021 Aug 12;18(16):8512. doi: 10.3390/ijerph18168512. PMID: 34444262; PMCID: PMC8393572.
13. Goula A, Stamouli M-A, Alexandridou M, Vorreakou L, Galanakis A, Theodorou G, Staurooulos E, **Kelesi M**, Kaba E. Public Hospital Quality Assessment. Evidence from Greek Health Setting Using SERVQUAL Model. *International Journal of*

- Environmental Research and Public Health. 2021; 18(7):3418. <https://doi.org/10.3390/ijerph18073418>
14. Evdokia Misouridou , Polyxeni Mangoulia , Vasiliki Pavlou , Katerina Kasidi , Evangelia Stefanou , Eleftheria Mavridoglou¹, **Martha Kelesi** , Evagelos Fradelos (2021) .Reliability and validity of the Greek version of the Professional Quality of Life Scale (ProQOL-V). Mater Sociomed. 2021 Sep; 33(3): 185-189 DOI: 10.5455/msm.2021.33.185-189
 15. Evdokia Misouridou, Polyxeni Mangoulia, Vasiliki Pavlou, Katerina Kasidi, Evangelia Stefanou, Eleftheria Mavridoglou, **Martha Kelesi**, Evagelos Fradelos (2021)"Wounded healers during the COVID syndemic: Compassion Fatigue and Compassion Satisfaction Among Nursing Care Providers in Greece" Perspectives in Psychiatric Care. 2021;1–12 DOI: 10.1111/ppc.12946 <https://doi.org/10.1111/ppc.12946>
 16. Papathanasiou, Ioanna & Rammogianni, Anna & Papagiannis, Dimitrios & Malli, Foteini & Mantzaris, Dimitrios & Tsaras, Konstantinos & Kontopoulou, Lamprini & Kaba, Evridiki & **Kelesi, Martha** & Fradelos, Evangelos. (2021). Frailty and Quality of Life Among Community-Dwelling Older Adults. Cureus. 13. e13049. 10.7759/cureus.13049.
 17. Fasoi, G.; Patsiou, E.C.; Stavropoulou, A.; Kaba, E.; Papageorgiou, D.; Toylia, G.; Goula, A.; **Kelesi, M.** Assessment of Nursing Workload as a Mortality Predictor in Intensive Care Units (ICU) Using the Nursing Activities Score (NAS) Scale. Int. J. Environ. Res. Public Health 2021, 18, 79.<https://doi.org/10.3390/ijerph18010079>
 18. Kaba, E.; Triantafyllou, A.; Fasoi, G.; **Kelesi, M.**; Stavropoulou, A. Investigating Nurses' Views on Care of Mentally Ill Patients with Skin Injuries. Int. J. Environ. Res. Public Health 2020, 17, 7610.